



FAMILY DAY CARE

Quality Home Based Childcare

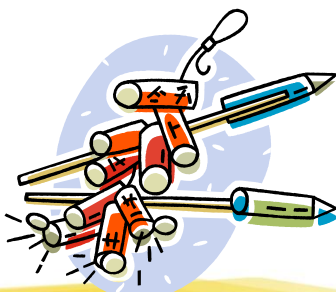


Kids at Home Family Day Care Newsletter

ISSUE 12 NOVEMBER/DECEMBER 2010



Are you prepared for the silly season, which will be upon us soon?



Another busy month for all of us here at Kids at Home. We welcome Glen to our team of Coordinators. Glen has a wide range of experience working in Children's Services and the Department of Education. His role within Kids at Home will be varied and will cover conducting compliance and support visits, assisting Educators with maintaining quality care and preparing for Quality Assurance in early 2011, ensuring that each Educator understands their roles and responsibilities in actively participating with EYLF and changes being introduced over the next 12 months. Glen is making his way around to each Educator meeting them and the children in care so if you see him say hi.

This will be our last newsletter for the year, so on behalf of Management, Staff and Educators of Kids at Home I would like to send everyone warm wishes for the festive period and a happy and safe start to the Year 2011!!!!

Regards,



Did you know ?

Babies are born without kneecaps?
They don't appear until they reach 2-6 years of age.



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Book Corner

To develop children's interest and enthusiasm for reading, books must capture their attention, captivate their imaginations and make them want to return to them again and again.

Young children love the sound of rhymes and rhythms. Books that rhyme can be soothing and settling or they can be energetic and fun but most importantly they enable children to join in with the reading experience. Even very young children will quickly remember rhyming and repetitive text. When reading a rhyming story, you can pause at the rhyming word and let the children fill it in. Playing with rhyming words helps children develop some of the important skills they will need for learning to read but most importantly they will love seeing themselves as readers



Lets go Visiting By Sue Williams & Julie Vivas

Lets go visiting uses rhymes and rhythms to capture children's interest, taking them on a stroll around the farmyard, meeting lots of baby animals and introducing young children to colours, and numbers. - 0-2years



Incy Wincy Spider by Keith Chapman & Jack Tickle

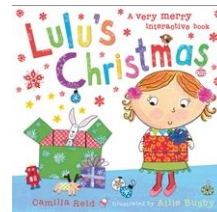
This is another book that uses rhymes and rhythms, to captivate children's imaginations and quickly learn memory skills where they can remember the predictable rhyme. This book is also an interactive book where children can trace the sparkling trail of Incy Wincy Spider's web as he is blown from animal to animal in this hilarious rhyming story. Incy Wincy Spider is taken on an exciting new adventure, introducing farm animals and colours in a book packed with fun that toddlers will love to read time and again. 2-3 years



Lulu's Christmas by Camilla Reid

This utterly festive interactive book is full of touch-and-feel, pull-tab and surprise elements and features the irresistible Lulu, star of Lulu's Shoes and Lulu's Clothes.

As every parent knows, Christmas is a time of great excitement and here young readers can join Lulu as she prepares the tree, lays out her stocking, builds a snowman and, of course, experiences the thrill of opening her presents. But what will Lulu's favourite present be? 2-5 years



NOVEMBER

Safety Audit & Risk Management

- ☐ Emergency Evacuation Procedure
- ☐ Kitchen Area & facilities
- ☐ Indoor Play Areas
- ☐ Fire Protection
- ☐ Check smoke detectors



DECEMBER

Safety Audit & Risk Management

- ☐ Check Smoke Detectors



Diary Dates for DECEMBER 2010

International Day for Persons with Disabilities

3rd of December

International Human Rights Day

10th of December

Kids at Home CLOSED

23rd of December 2010 and will re-open on Tuesday the 4th January 2011

Christmas Day

25th December (27th December PUBLIC HOLIDAY)

Boxing Day

26th December (28th December PUBLIC HOLIDAY)

New Years Day

1st January 2011 (3rd January 2011 PUBLIC HOLIDAY)



Educators Corner

We would like to welcome Vicki and Jay from Greenslopes and Maxine from Wongawallen to our team of dedicated home based educators and Suzanne from Regents Park, Olga from Redbank Plains, and Kristine from Albany Creek who will be starting their journey as home based educators in the next few weeks. As you can see Kids at Home is growing very rapidly with our Educators being located across a wide area.

We now have Educators located in the following areas:

Annerley
Albany Creek
Arana Hills
Coorparoo
Camp Hill
Carina
Doolandella
Eagle Heights/Mt Tamborine
Greenslopes
Holland Park
Jindalee
Kangaroo Point
Loganlea

Moorooka
Mt Gravatt East
Mt Gravatt
North Lakes
Norman Park
Seven Hills
Regents Park
Redbank Plains
Robina
Reedy Creek
Varsity Lake
Wongawallen

And soon to be Springwood, Kuraby, Shailer Park, North Lakes and Camira. And ...Congratulations to Amanda and Adrian from Eagle Heights who recently married in Bali, may your happiness grow as the years unfold.



We send our condolences to one of our Families, our thoughts are with you during this time, Duniya will always be in our hearts and memories.



Factual information to correct some common myths & misconceptions surrounding head lice:



MYTH – Having head lice is a sign of poor hygiene!

FACT – Head lice aren't that fussy. Clean, dirty, short, straight, curly – all they want is blood! In fact, if you think about it logically, it is probably easier for head lice to move around in clean head – without bits of dirt/dandruff to climb over!

MYTH – You catch head lice from birds & other animals!

FACT – Human head lice are “host specific” – they feed off the blood beneath the human scalp alone.

MYTH – Head lice can jump & fly from head to head!

FACT – Head lice have no wings (so they can't fly) & they can't jump, either. They spread by “scurrying” from head to head, or affected item to head (e.g. brushes, hair clips, hats etc).

MYTH - Head lice live for months – that's why they're so hard to get rid of!

FACT - Head lice live for 4-5 weeks from nit (egg) to adult louse. Females lay 4-5 nits per day in the last two weeks of their lives.

Information provided by BANLICE



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Trouble parenting your 3-8 year old?



Help is as close as a mouse click away. Triple P works for all kinds of families, in all kinds of circumstances, with all kinds of problems, in all kinds of places. Triple P suggests simple routines and small changes that can make a big difference to your family. It helps you understand the way your family works and uses the things you already say, think, feel and do in new ways that:

- Create a stable, supportive and harmonious family.
- Encourage behaviour you like.
- Deal positively, consistently and decisively with problem behaviour.
- Build positive relationships with your children, so that conflict can be resolved.
- Plan ahead to avoid or manage potentially difficult situations.
- Take care of yourself as a parent.

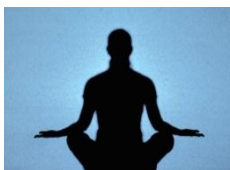


While Triple P is almost always successful in improving child behaviour problems, more than half its emphasis is on developing positive attitudes, skills and behaviour. This helps prevent problems arising and fosters family relationships that encourage children to realise their full potential. Triple P has been developed and scientifically proven over 30 years by The University of Queensland Parent and Family Support Centre, with international collaboration. The system is widely in use throughout Australia and increasingly, throughout the world.

If you would like to know more about what Triple P provides go to **www10.triplep.net**

TOP 10 TIPS FOR PARENTS from Triple P

1. When your child wants to show you something, stop what you are doing and pay attention. It is important to spend frequent, small amounts of time with your child doing things that you both enjoy.
2. Give your child lots of physical affection – children often like hugs, cuddles, and holding hands.
3. Talk to your child about things he/she is interested in and share aspects of your day with your child.
4. Give your child lots of descriptive praise when they do something that you would like to see more of, e.g., “Thank you for doing what I asked straight away”.
5. Children are more likely to misbehave when they are bored so provide lots of engaging indoor and outdoor activities for your child, e.g., playdough, colouring in, cardboard boxes, dress ups, cubby houses, etc.
6. Teach your child new skills by first showing the skill yourself, then giving your child opportunities to learn the new skill. For example, speak politely to each other in the home. Then, prompt your child to speak politely (e.g., say “please” or “thank you”), and praise your child for their efforts.
7. Set clear limits on your child’s behaviour. Sit down and have a family discussion on the rules in the home. Let your child know what the consequences will be if they break the rules.
8. If your child misbehaves, stay calm and give them a clear instruction to stop misbehaving and tell them what you would like them to do instead (e.g., “Stop fighting; play nicely with each other.” Praise your child if they stop. If they do not stop, follow through with an appropriate consequence.
9. Have realistic expectations. All children misbehave at times and it is inevitable that you will have some discipline hassles. Trying to be the perfect parent can set you up for frustration and disappointment.
10. Look after yourself. It is difficult to be a calm, relaxed parent if you are stressed, anxious, or depressed. Try to find time every week to let yourself unwind or do something that you enjoy.



Date claimer

FAMILY DAY CARE AUSTRALIA CONFERENCE

The 7th Family Day Care Australia National Conference will be held at the Brisbane Convention and Exhibition Centre on the 18th -21st July 2012.

Being focused on Family Day Care the conference provides great speakers and amazing opportunities for networking.

Start saving for this event, it is anticipated the 600 -800 delegates will attend, an event not to be missed.

There's not a lot on the website as yet but visit www.cdesign.com.au for the information as it becomes available.

FREE PUBLICATIONS

An important publication available to educators are "Putting Children First" Magazine of the National Childcare Accreditation Council Inc. phone NCAC on 1300 136 554.

Regular visits to the NCAC website www.ncac.gov.au will provide information about the National Quality Agenda.

CHILD CARE HANDBOOK

The Child Care Service Handbook is available online at www.deewr.gov.au click through to 'early childhood' then to 'latest news'.

Free Newsletter

FAMILY DAY CARE AUSTRALIA forwards a newsletter about FDC matters.

To subscribe email enquiries@fdca.com.au or phone FDCA on 02 4320 1100



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